

*Welcome to the May edition of;
“On the Grapevine”,
The Myrtleford Lodge Residents and
Representatives monthly Newsletter.*

*“If love is as sweet as a flower, then my
mother is that sweet flower of love.”*

Happy Mother’s Day Sunday 12th May.

What is MyMedicare.

My Medicare is a new voluntary patient registration model. It aims to formalise the relationship between patients, their general practice, general practitioner (GP) and primary care teams.

We have introduced MyMedicare as part of an ongoing commitment to strengthening Medicare for all Australians.

It is voluntary and free to register in MyMedicare.

When you register in MyMedicare, it will notify your general practice that you have chosen them as your regular care team. Additional funding will be available from the government to help them provide the care you need.

MyMedicare patients will have access to:

- greater continuity of care with your registered practice, improving health outcomes
- longer Medicare Benefit Scheme (MBS) funded telehealth consultations with your GP
- triple bulk billing incentive for longer MBS telehealth consultations for children under 16, pensioners, and concession card holders, from 1 November 2023
- more regular visits from your GP and better care planning for people living in a residential aged care home, from August 2024
- connections to more appropriate care in general practice for people who visit hospital frequently, from mid-2024.

If you choose not to register in MyMedicare, you'll still be able to access the same quality of care from your healthcare providers.

Further registration benefits for patients will continue to be added as part of our commitment to strengthening Medicare.

Eligibility

You're eligible to register in MyMedicare if you have:

a Medicare Card or Department of Veterans' Affairs (DVA) Veteran Card

- face-to-face visits recorded with the same practice, including either:
- one face-to-face visit for practices in remote locations (MMM 6 and 7)
- two face-to-face visits for practices in other locations in the previous 24 months.

People who are facing hardship will be exempt from all eligibility requirements. This includes people experiencing domestic and family violence and homelessness.

Parents/guardians and children can be registered at the same practice if one of them is eligible and registered. A parent/guardian must register a child under 14 years and provide consent on their behalf. Young people aged 14 to 17 years can register and provide consent without a parent/guardian.

How to register

You can register for MyMedicare from **1 October 2023** and select your preferred GP at your:

- accredited general practice
- Aboriginal Community Controlled Health Service
- Aboriginal Medical Service
- nurse practitioner-led practice with a GP
- other non-traditional practice (who meets the healthcare provider registration and eligibility criteria).

Your chosen practice must be registered in MyMedicare before you can start your own patient registration.

There are multiple ways you can register with your chosen practice in MyMedicare:

Start the registration process in your [Medicare Online Account](#) or [Express Plus Medicare Mobile app](#). Check that your practice is registered in MyMedicare before you start. Practice staff will then accept the registration in the MyMedicare system.

Your practice may start the registration in MyMedicare or you can ask them to do this. This will trigger a registration in your [Medicare Online Account](#) or [Express Plus Medicare Mobile app](#), which you can then complete.

- Fill out a registration form and provide it to your practice. By signing the form, you are giving consent to participate in MyMedicare. Practice staff will then complete the registration in the MyMedicare system.

As part of your MyMedicare registration, you can choose to provide additional information about you. This will help your practice, primary care team and the government improve the delivery of your health care. We will share this information with your MyMedicare practice.

The information you provide will help your practice and the government to plan and improve your health care services. You will still be able to register if you do not provide this information.

You will need to agree to the [terms and conditions](#) and read and understand the MyMedicare [privacy notice](#) to consent to register in MyMedicare

MyMedicare registration will not prevent you from accessing care from other practices and healthcare providers. The longer MBS telehealth items, the new aged care and frequent hospital users incentives, and from November 2024 Chronic Disease Management items will be linked to your registered practice.

A registration in MyMedicare is only successful when both you and your practice have provided consent to formalise your relationship through one of the processes outlined above.

As part of your MyMedicare registration, your chosen practice and GP will appear on your My Health Record. This will make sure all health professionals you see – for example, at a public hospital – will know who to talk to about your regular care.

If you do not wish for your MyMedicare registration to appear on your My Health Record, you can choose this option in your My Health Record.

Registering if you live in a Residential Aged Care Home

If you live in a Residential Aged Care Home, you can register for MyMedicare by completing a registration form provided by your GP or through your Medicare Online Account. You don't need to physically attend a practice to complete your registration.

Residents of Residential Aged Care Homes will benefit from registering in MyMedicare, with new incentives being introduced in 2024 to support more regular proactive visits and care planning from GPs and practices.

Standish Street Surgery have advised that they would like to encourage all Residents to register for My Medicare, they will distribute forms for completion for Myrtleford Lodge Residents who agree to register in the coming weeks.

Registering for MyMedicare is a choice for all Australians, we encourage you to speak with family members who may assist with completion of the registration.

Residents/Representatives Meeting

Tuesday 14th May

11.30 am in the conference room.

Residents and Representatives are encouraged to attend the monthly meetings scheduled for the second Tuesday commencing at 11.30am.

These meetings provide a great forum for discussing any issues raised, ideas for improvement, and to advise Residents and Representatives of any changes, correspondence received, menu and menu options and planned activities.

May Birthdays at Myrtleford Lodge



2nd~ Kath Evans

2nd~ Diana Findlay

4th~ Elizabeth Dyson

17th~ Judy Wayth

30th~ Jill Weight

Myrtleford Lodge Residents and Staff wish you all a very Happy Birthday, may you enjoy your special day with family and friends.

Myrtleford Lodge Resident's enjoy a birthday cake and afternoon tea in their honour on the day of their birthday and a group breakfast together during the month.

In loving memory of

Margaret Oakley

31/5/1933 ~20/4/2024

*Myrtleford Lodge Management,
Staff and Residents extend sincere
condolences to the family and
friends of Margaret, may she rest in
eternal peace.*

May Special Events

2nd May ~ Bus trip to Wangaratta

6th May ~ Local PAG Group visiting for morning tea.

8th May ~ Savoy club outing.

9th May ~ Country Drive

10th May ~ Local shopping day

~ Happy hour

12th May ~ Mothers Day

13th May ~ Mother's Day raffle drawn

15th May ~ Catholic Mass

22nd May ~ Australia's Biggest morning tea

~ Entertainment by Peter Robbers

21st May ~ Elder Rights Advocacy discussion

23rd May ~ Lynn Smith entertainment.

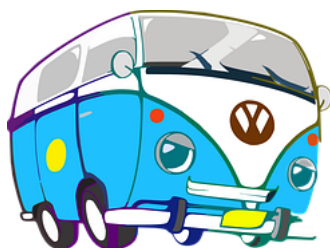
24th ~ Happy hour

28th May ~ Myrtleford Lodge talent Quest

Residents are welcome to come along and join in the daily activities, all ideas for additional activities are also welcomed.

Additional activities are listed daily on the whiteboards, walks, bus drives, games and more.

All outdoor activities and bus outings are weather Permitting.



Activities at Myrtleford Lodge

Residents enjoy a very full and active daily calendar with many activities both new and old favourites that continue to be enjoyed. Our days usually start with the very popular exercise program designed by Physiotherapist, Kevin Sevilla followed by a walk together to enjoy the beautiful Autumn sunshine.



Pictured are many of the Residents enjoying the balloon exercises in the courtyard with activities staff member, Beth.

Bingo is also enjoyed weekly as one of the most well attended activities enjoyed at the facility.



Activities at Myrtleford Lodge

With the Autumn sunshine encouraging us all into the outdoors, the vegetable garden has enjoyed some new plantings of some winter vegetables thanks to the hard work of many.

Pictured is Bena Costantino tending to one of the raised flower beds, as well as Jill, Stephen, Shirley, Jeanne and Grace tending to the vegetable gardens.

We look forward to the results of your hard work.



Heather Ellis was also photographed enjoying one of the many varied activities designed for memory and stimulation.



Activities at Myrtleford Lodge



Carpet bowls, pool, lunch outings or just catching up with friends for a chat, the facility is always a hive of activities.



Brian and Ed both enjoy getting outside to enjoy the Autumn weather and Pina and Silvia also enjoy the friendship of being together.

Activities at Myrtleford Lodge

The Intergenerational program continues to thrive under the guidance of Rosemary Dax the P-12 College nurse. Many activities are enjoyed daily with visits from the local Kindergarten, playgroup and both Primary and Secondary students. This week the Year 7 students held their Italian class at Myrtleford Lodge with their teacher Mr Pelligrini, the students were able to enjoy a conversation with many of our Italian speaking residents who were able to assist them further with their pronunciations .

Both Residents and students enjoy the interactions and again we thank the students for their willingness to participate with such enthusiasm and kindness when taking part in our activities program.



Activities at Myrtleford Lodge



Myrtleford Lodge residents enjoyed a special visitor, Mr Morris. Mr Morris is an orphaned baby lamb who has been fortunate enough to have found a home with Olga's daughter Jean who recently brought him in to visit us.

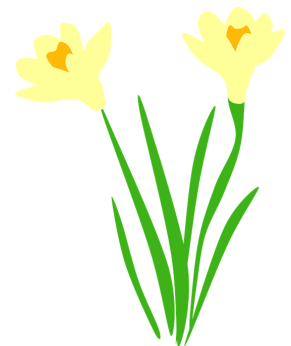
Cancer Council

Myrtleford Lodge will again this year host a biggest morning tea on 22nd May.

Australia's Biggest Morning Tea is an Australia wide event that raises vital funds to make a big difference for those impacted by cancer.

The Cancer Council of Australia is Australia's leading cancer charity and works across every aspect of every cancer.

Every day, they support people impacted by cancer when they need it most, speak out on behalf of the community on cancer issues, empower people to reduce their cancer risk, and find new ways to better detect and treat cancer.



A note from the Administration Desk



Elder Rights Advocacy:

An invitation is extended to all Residents and Representatives to join a discussion group with a representative from Elder Rights Advocacy to discuss;

- Your Aged Care Rights
- How advocates work for you

21st May 2024 at 3.15pm in the conference room. Everyone is welcome to attend.

Lost Property:

Laundry staff have advised that there are a number of new items that have sadly ended up in the lost property due to not being labelled. Please, if you purchase any new items, please ask staff to ensure that they are labelled so that they will return clean and ironed back to your room.

We ask that if you are missing any items, or if Resident Representatives have noticed any items missing to please ask to look at the lost property during the next month as we are unable to keep items for any great lengths of time.

Clothing labels can be purchased by completing the Clothing Label forms, please ask Administration

Clutter:

With the change of the seasons and the cooler days having arrived, could we please ask families to assist with decluttering of rooms and tidying wardrobes by placing summer clothing away and replace warmer winter clothes in wardrobes within easy reach for Residents including a warm jacket for when out walking or attending social outings.

Should an emergency situation occur, nursing staff or emergency services require a clear path to attend to residents care, too much clutter in rooms has made this difficult at times.

Front foyer portico:

Reminder to all of our visitors to please keep the front entrance portico clear for emergency services, this is strictly a drop off/pick up zone, please use the two larger car spaces located in front of the portico or the visitors car park when stopping for more than a few minutes. We also remind visitors to adhere to the 5km speed zone please, Resident safety is paramount.

ON THE GRAPEVINE

Improvement Forms;

As part of our Continuous Improvement, Myrtleford Lodge welcome your feedback should you have a Suggestion, Complaint or Compliment.

All Improvement forms are followed up and actioned by the Director of Nursing and Deputy Director of Nursing.

Forms are available near the Front Reception or alternatively ask one of our staff members to assist you or contact us by phone or email.

Also available for viewing is the register of Improvements received and actioned located near the Residents social leave sign in/out book.

Newsletters and Calendars of events:

Newsletters and Calendars of daily events are distributed throughout the facility however if you would like to receive the Newsletter by email, please advise Administration Staff of your email address or alternatively send an email to; admin@myrtlefordlodge.com.au

and we will happily add you to our contacts list., alternatively the Newsletter can be viewed on our Website;

www.bentleywoodpl.com.au

Bentley Wood Aged Care acknowledges the Traditional Custodians of the land and pays respect to Elders both past and present.



Bentley Wood Aged Care acknowledges and respects the diversity of our community and our consumers.

