



*Welcome to the August edition of  
"On the Grapevine"  
The Myrtleford Lodge Residents &  
Representatives Newsletter.*

Australian Government  
Department of Health and Aged Care.  
COVID-19 and flu outbreak information for Aged Care  
Residents

Consent for COVID-19 vaccination for older people, including aged care residents, families and carers

June 2024

Older age remains the biggest risk factor for severe COVID-19 disease.

This document will support you, your family and carers, to make an **informed decision** about whether to have a COVID-19 vaccination.

Consent to get a COVID-19 vaccination may be **written or verbal** and must be recorded by the vaccination provider.

### Frequently asked questions

Why is it important to remain current with your COVID-19 vaccinations?

COVID-19 vaccines give protection against serious illness and death, however this protection decreases over time.

Evidence suggests that protection for people aged 65 years and older greatly increases with a booster dose of the COVID-19 vaccine every 6 months.

COVID-19 causes severe illness, hospitalisation, and deaths in older people and those who are severely immunocompromised.

COVID-19 cases continue to occur in residential aged care homes. COVID-19 vaccines are voluntary but strongly encouraged for aged care residents.

What are the current recommendations for COVID-19 vaccinations?

For people aged 75 years or older a COVID-19 vaccination is **recommended every 6 months**.

For people aged 65 to 74 years a COVID-19 vaccination is recommended **every 12 months** and can be offered **every 6 months** on the advice of your health care provider.

All adults are eligible to get a booster dose every 12 months.

Where can I get a COVID-19 vaccination?

If you are living in the community:

1. Speak with your GP or community pharmacist to see if they provide COVID-19 vaccinations.
2. Find a provider and book through the Health Service Finder at [www.healthdirect.gov.au/australian-health-services](http://www.healthdirect.gov.au/australian-health-services) or call 1800 022 222.
3. Find out if you are eligible through the eligibility checker at [www.healthdirect.gov.au/australian-health-services/guided-search/covid-vaccine](http://www.healthdirect.gov.au/australian-health-services/guided-search/covid-vaccine), where you can also specify any accessibility requirements.

If you live in an aged care home:

- Your home will arrange a COVID-19 vaccination clinic with local health services such as GPs and pharmacists.
- You can also ask your GP or pharmacist at your next visit.
- If you, your family and carers have questions, you can also speak to your aged care home provider, GP or pharmacist.

What happens if consent is needed from a guardian or substitute decision-maker?

Sometimes a guardian or substitute decision-maker needs to give consent for an aged care resident to get vaccinated. In such cases, they should follow the guardianship legislation in their state or territory.

Some jurisdictions have special requirements for guardians or substitute decision makers consenting for another person.

Where can I find information about COVID-19 and vaccines?

See the Department of Health and Aged Care website: [health.gov.au/covid-19-vaccines](http://health.gov.au/covid-19-vaccines)

Further assistance

For translating and interpreting services, call TIS National on 131 450.

To use the National Relay Service, visit [nrschat.nrscall.gov.au/nrs](http://nrschat.nrscall.gov.au/nrs) to choose your preferred access point on their website, or call the NRS Helpdesk on 1800 555 660.

People with disability, their families, carers and support workers can contact the Disability Gateway to get free information about COVID-19. Call 1800 643 787, Monday to Friday 8am to 8pm.



*In loving memory of;  
Roy Dark ~2nd July  
Susie Draper ~3rd July  
Coral Raoss ~5th July  
Teresina Nero ~ 18th July  
Moira Mead ~20th July  
Judith Wayth - 27th July*

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*Myrtleford Lodge Management, Staff and Residents extend sincere condolences to the families and friends.*

*Myrtleford Lodge thank you for the honor and privilege of being entrusted to provide love, care and friendship to your loved ones during their final years.*

*May they rest in eternal peace.*



## Special Events Calendar

Mondays ~ Intergenerational Play group

Fridays ~ Kindergarten Visit

6th August ~ Local shopping and Library drop off

9th August ~ Walk and Morning Tea in the gazebo

11th August ~ Resident Meeting

13th August ~ Bingo C Wing

14th August ~ Country Drive

15th August ~ Uniting Church Service

16th August ~ Happy hour Card playing

20th August ~ Group Chat and Music

21st August ~ Painting with Straws

23rd August ~ Pampering Arvo

27th ~ Morning Tea and Word Challenge

29th August ~ Combined Birthday breakfast July/  
August

30th August ~ Happy Hour Bruno singing Italian & English Songs

Residents are welcome to come along and join in the daily activities, all ideas for additional activities are also welcomed.

Additional activities are listed daily on the whiteboards, walks, bus drives, games and more.





## Activities at Myrtleford Lodge

Residents continue to enjoy many varied activities daily as part of the activities calendar, as the weather has certainly turned very cold, indoor activities have become very popular as we all enjoy the warmth of being indoors. Bingo was so popular, to accommodate everyone, chairs and tables in the dining room were moved to enjoy the large gathering which was a very enjoyable afternoon of much fun and chatter.



Visitors to Myrtleford Lodge are also always welcomed and enjoyed, June Johnson enjoyed a very special visit from her great grandson recently.



## Activities at Myrtleford Lodge

Our activities program includes, jigsaw puzzles, Drawing, Bing Card games, and many more activities. Be sure to check the calendar and white Board each day.



Italian Group enjoying  
Minestrone Soup for lunch.  
Provided by our Italian  
Volunteer's Marinela and  
Mirela.





## Activities at Myrtleford Lodge

With the cold weather outside, A warm welcoming return of the P12 Intergenerational Program . With signing games and lots of cuddles with our Visiting Babies and children.



Elysium entertainment is always a joy for us all. the theme for the afternoon Christmas in July, Followed with Happy hour.





### Birthdays at Myrtleford Lodge



Silvia Cabai ~2nd August  
Mary Farquharson ~4th August  
Silvio Facci ~10th August  
Vera Traini ~12th August  
Barbara Mackus ~17th August



Myrtleford Lodge Residents and staff wish you all a very Happy Birthday, may you enjoy your special day with family and friends.

Residents celebrating a birthday during their birthday month enjoy a special birthday breakfast together complete with a full cooked breakfast or continental breakfast of their choice.



### Activities at Myrtleford Lodge

Residents have been keeping up with the Olympics, with Australia doing very well in the meddle tally.

In true spirit we had our own Olympic event noodle tennis and our own Shooting event. No grand medal ceremony but a lot of fun and laughter.



Our annual Footy tipping has become competitive between our residents and staff, As were nearing to the end of the football season. Some Residents enjoying a game in the Lounge area.





## A note from the Administration Desk

### MyMedicare:

Standish Street Surgery staff were in attendance to complete many of the MyMedicare forms with Residents. Standish Street Surgery staff will also be contacting Residents nominated Powers of Attorney to complete any forms outstanding with the surgery.

### Medicare/Pension/DVA:

Reminder to all Residents and Representatives to please provide a copy of any updated cards to Administration Staff, many of our Residents currently have expired cards that require updating, could we please ask for you to check when you are next visiting the facility.

### Front Portico/Disabled Parking:

We remind all of our visiting families and friends to please only use the front portico for dropping off/picking up purposes only, this area needs to be kept free for any emergency services vehicles.

There are two dedicated disabled parking spaces available, please be mindful of others when parking in these spaces, visitors parking is available directly to the left when entering the bus road to the facility.

### Clothing labels:

Thankyou to the many families who have checked with Laundry staff regarding the large number of un labelled clothing now in the lost property.

Should you have any lost items of clothing please check with laundry staff who will assist you and label these items for you.

Improvement Forms:

As part of our Continuous Improvement, Myrtleford Lodge welcome your feedback should you have a Suggestion, Complaint or Compliment.

All Improvement forms are followed up and actioned by the Director of Nursing and Deputy Director of Nursing.

Forms are available near the Front Reception or alternatively ask one of our staff members to assist you or contact us by phone or email.

Visitors to Myrtleford Lodge:

Myrtleford Lodge reminds all visitors coming in to the facility that a negative Rapid Antigen Test is required daily as per the Department of Health and Ageing guidelines. Masks are no longer required to be worn. We ask all visitors to please adhere to these guidelines as the Health and Safety of our Residents is paramount.

Should you be feeling unwell, we ask that you please visit when you are feeling better.

Newsletters and Calendars of events:

Newsletters and Calendars of daily events are distributed throughout the facility however if you would like to receive the Newsletter by email, please advise Administration Staff of your email address or alternatively send an email to; [admin@myrtlefordlodge.com.au](mailto:admin@myrtlefordlodge.com.au)

and we will happily add you to our contacts list., alternatively the Newsletter can be viewed on our Website;

[www.bentleywoodpl.com.au](http://www.bentleywoodpl.com.au)

**Bentley Wood Aged Care acknowledges the Traditional Custodians of the land and pays respect to Elders both past and present.**

**Bentley Wood Aged Care acknowledges and respects the diversity of our community and our consumers.**

