# What's the Point June 2017

The June birthstone, pearl, has long been a symbol of purity. The ancient Greeks believed that pearls were the hardened tears of joy from Aphrodite, the goddess of love.

# The next resident rep meeting will be held Thursday 6th July @10.30 in the main low care lounge.

Everyone is most welcome to attend. This is a great forum to discuss any ideas suggestions or complaints.

## Mothers Day raffle

Mothers day raffle was drawn during Happy Hour and the residents were holding their tickets hoping to win the

hampers. 1<sup>st</sup> Prize. Ruth Miller 2<sup>nd</sup> Prize Tim Crossin 3<sup>rd</sup> Prize Jim Crothers

A man's work is from sun to sun But a mother's work is never done.





Our lucky winners

Pictured above is Ruth & Ricky enjoying happy hour with Ruth's big basket of goodies.

Pictured to the left is Tim Crossin looking extra happy with his prize There has been some recent media coverage with regards to the aged care industry and reports of significant concerns that alarm us all.

Woods Point will continue to strive for best practice in all the care and services that we provide and value your feedback at any time As a result of this recent media we will we focus on Expected Outcome:

#### 1.4 Comments and Complaints

The expected outcome of 1.4 Comments and Complaints requires that: Each resident (or his or her representative) and other interested parties have access to internal and external complaints mechanisms.

As per the complaints resolution in all resident agreements:

'If the Resident has any complaints concerning the ser-

vices or accommodation being provided by the Provider,

the Resident may raise the complaint with the Director of

Nursing. If the complaint is not satisfactorily resolved with



the Director of Nursing within 30 days from the date of submission of the complaint, the Resident may then take it further.

If residents would prefer to speak to someone independent of the organisation's management, the following services are available: The Aged Care Complaints Commissioner Tollfree: 1800 550 552 C/O The Department of Health and Ageing GPO Box 9848 Melbourne 3000 Elder Rights Advocacy Telephone: (03) 9602 3066 Tollfree: 1800 133 312 The resident handbook, as well as the Resident agreement both have

specific details about the complaints process and external bodies for complaints handling.

There is a brochure board with complaints information at front reception.

External complaints and advocacy information/ brochures are readily available and accessible to residents and relatives in the brochure board.

A suggestion box is placed in main lounge in high and low care with improvement forms located nearby for easy access.

All improvements are collected by the Quality Coordinator and logged into CI database with actions and results identified.

All written or verbal complaints are forwarded to Director of Nursing, documented with actioned within 7 days. A written response is provided to the complainant with action taken.

We are committed to ensure residents and their representatives are able to at any stage raise concerns and suggestions, and I encourage all residents and representatives to contact myself as Director of Nursing to discuss any concerns as most often we are able to resolve issues as soon as they are brought to our attention. We also encourage all

residents and representatives to complete the surveys that will be distributed in 2017, which provides you with another opportunity to provide feedback.



Marita Seamer

# **MEN'S SHED**

Every Friday morning a small contingent of male residents visit the



Yarrawonga Mulwala Men's Shed to catch up with other gents down there some of whom are old mates. They have a friendly chin-wag over a morning cuppa. The atmosphere is convivial and the welcome is always warm.

Because they are only there for an hour, there's little time for our blokes to become involved with the various projects, the members may be working on. But Ernie always finds himself something to do to help. Here he is painting a wooden steering wheel, a number of which the Men's Shed members are making for one of the local

kindergartens

# FOOTY TIPPING 2017

The AFL Season started on March 23rd and the 2017 Residents Football Tipping Competition is well underway.

This year 27 residents have entered, and they are all keenly competing with each other to see who can take out this year's Major Prize of over \$250; knock Ernie Ryan (last year's winner) off his pedestal, and add their name to the Woods Point Football Tipping Perpetual Trophy

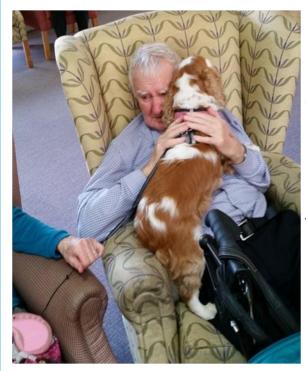
At the time of writing, we are 10 Rounds into the 2017 AFL Season and our current leaders, in a hotly contested competition are: **Violet Dowsey** (in 1<sup>st</sup> place with **59** correct tips), **Col Stevenson** (2<sup>nd</sup> with **58**), **Anne Leatham** (3<sup>rd</sup> with **57**) and **Kevin Robinson** (4<sup>th</sup> with **56**). We wish all competitors ...

"GOOD TIPPING AND THE BEST OF LUCK FOR THE REST OF THE SEASON".

# **PET THERAPY**

# A WELCOME DIVERSION AT WOODS POINT

Family pets (especially dogs on leads) are always welcome visitors to Woods Point. They can often be seen sitting on their owners laps enjoying a cuddle or receiving a pat from other interested residents.



Colin Romeo's wife Nancy often brings "Blaise" - a beautiful King Charles Cavalier - in to catch up with Col during Happy Hour of a Friday.

Both Col and Blaise get quite excited when they see each other – as demonstrated by the licks Blaise is giving Col in the accompanying photo.

Ray And Peter had a lovely surprise visit from a friendly little ball of fluff called Bentley.

Bentley loved all the pats and was quiet settled with all the attention



#### WHAT'S THE POINT

	June	Birthday's
	Eileen Keatley	1st
	Violet Dowsey	2nd
K K K K	Norma Edis	4th
	June Lydford	4th
	Joyce Duus	13th
	Len McQualter	16th
103	Sheila Abnett	23rd
A	Janet Drinnan	28th
H.	Tony Doyle	29th

#### **MAY'S BIRTHDAY CELEBRATIONS**

May monthly birthday was celebrated with 11 birthdays in that month, residents joined in to help celebrate with cake and a cuppa that the kitchen whipped up. Residents could be heard singing birthday wishes throughout the facility.



# **VOLUNTEER WEEK**

Volunteer week was celebrated in the month of May. Woods Point put on a special afternoon tea for our lovely volunteers. The kitchen made some delicious cup cakes and fresh fruit platter.

Residents and volunteers enjoyed their afternoon tea. A big thank you to our volunteers for all their fantastic support, throughout the year.



# In Loving memory of:

Loris Fixter Faye Douglas Brian Hicks Greame Lamson Alan Lack

Woods Point Residents, Staff & Management extend sincere condolences to the families and friends. May they rest in eternal peace.

#### **EXERCISE**

Morning exercise has a new team mem ber Harshil - our physiotherapist, who puts the residents through their morning exercises/paces. Residents can sit in chairs or stand, participating with





Harshil as they go through all the movements such as stretching, exercise and activity. Harshil movement class is from Monday to Friday in the main lounge at 9.30am. Come along and join in the fun.

### **COUNTRY BUDDY'S VISIT**



Country Buddies arrived at Woods Point to entertain residents, sing ing along to "Kookaburra sits in the Ole Gum Tree". Their average age was 5 years old. After singing residents enjoyed chatting to the



6 9.30-Exercise. 10.00-Catholic Mass 10.30-Carpet Bowls. 2.00-White Board Game		1	2	e	4
		9.30- Exercise.	9.30-Exercise.	ACTIVITIES IN	
		10.30-Res Meeting	9.45-Men's Shed.	WING 5	
		11.00-Scrabble.	11.15-Word Challenge		
		1.45-Scenic Drive.	1.45-Kiosk/Quiz		
		3.15-Story Reading.	2.15-Meet the Kids.		
			3.00-Happy Hour.		
<b>: Mass</b> 3owls. ard Game	7	8	6	10	11
: Mass 3owls. ard Game	9.30-Exercise.	9.30-Exercise.	9.30-Exercise.		
3owls. ard Game	11.00-Jackie Lee.	10.00Bus to Belmore.	9.45-Men's Shed.	ACTIVITIES IN	<b>ACTIVITIES IN</b>
ard Game	1.30-Quick Quiz.	10.15-Scrabble.	11.15-Word Challenge	WING 5	WING 5
	2.00-BINGO	12.00-Bus Pick-up	1.45-Kiosk/Quiz.		
		1.45-Scenic Drive	2.15-Meet the Kids.		
		3.30-Stories/Reminiscing	3.00-Happy Hour		
			3.00-Frank Monk		
13	14	15	16	17	18
9.30-Exercise.	9.30-Exercise.	9.30-Exercise.	9.30-Exercise.	ACTIIVITIES IN	ACTIVITIES IN
10.00-Catholic Church	10.00-Country Buddies.	10.00-Bus to Belmore.	9.45-Men's Shed.	WING 5	WING 5
10.30- Carpet Bowls.	10.30-Bobs.	10.15-Scrabble.	11.15-Word Challenge		
1.30-Opp Shopping.	1.30-Trivia.	11.00-Uniting Church.	1.45-Kiosk/Quiz'		
	3.00-Monthly Birthday	12.00-Bus Pick Up.	2.15-Meet the Kids.		
		1.45-Scenic Drive.	3.00-Happy Hour/		
		3.30 Story Reading.	3.00-Frank Monk		
20	21	22	23	24	25
9.30-Exercise.	9.30-Exercise.	9.30-Exercise.	9.30-Exercise,	ACTIVITIES IN	<b>ACTIVITIES IN</b>
10.00-Catholic Church	10.30-Bobs	10.00-Bus to Shops	9.45-Men's Shed.		WING 5
10.30-Carpett Bowls.	1.30- Bundalong café.	11.00-Quiz	11.15-Word Challenge.		
1.30-Who Am I.	3.30-Memory Cards.	12.00-Bus Pick Up.	1.45-Kiosk/Quiz		
		1.45-Scenic Drive.	2.15-Meet the Kids.		
		3.15-Target Master.	3.00-Happy Hour		
27	28	53	30		
9.30-Exercise.	9.30-Exercise.	9.30-Exercise.	9.30-Exerciise.		
10.00-Catholic Church.	10.00-Country Buddies.	10.30-Letter Game.	9.45-Men's Shed.		
10.30-Carpet Bowls.	11.00-Bobs.	1.30-Strawberry Farm.	11.15-Word Challenge.		
1.30-Quick Quiz.	2.00-Shopping.	3.30-Quiz.	1.45-Kiosk./Quiz.		
	3.30-Quiz.		Word Game.		
			3.00-Happy Hour.		
		13 9.30-Exercise.   10.00-Country Buddies.   10.00-Country Buddies.   10.30-Bobs.   1.30-Trivia.   3.00-Monthly Birthday   9.30-Exercise.   10.30-Bobs   10.30-Bobs   11.30-Trivia.   3.00-Monthly Birthday   9.30-Exercise.   10.30-Bobs   10.30-Bobs   11.30-Exercise.   10.30-Bobs   11.00-Bobs   11.00-Bobs.   11.00-Bobs.   11.00-Bobs.   3.30-Quiz.   3.30-Quiz.	13   14   9.30-Exercise.     9.30-Exercise.   9.30-Exercise.     9.30-Exercise.   9.30-Exercise.     10.00-Country Buddies.   10.00-Bus to Belmore.     10.30-Bobs.   10.15-Scrabble.     1.30-Trivia.   10.00-Bus to Belmore.     1.30-Trivia.   10.00-Bus to Belmore.     20   3.00-Monthly Birthday   12.00-Bus Pick Up.     21   1.30-Trivia.   3.30 Story Reading.     20   9.30-Exercise.   9.30-Exercise.     21   9.30-Exercise.   9.30-Exercise.     1.30-Bundalong café.   11.00-Ouiz     1.30-Memory Cards.   12.00-Bus Pick Up.     1.30-Memory Cards.   13.0-Couiz     3.30-Memory Cards.   10.00-Bus to Shops     1.30-Exercise.   9.30-Exercise.     9.30-Exercise.   11.00-Ouiz     3.30-Memory Buddies.   3.30-Couit.     1.1.00-Bobs.   1.30-Cutiz.     3.30-Montry Buddies.   3.30-Ouiz.     3.30-Ouiz.   3.30-Ouiz.	13   3.00-Frank Monk     13   9.30-Exercise.   1   5.30-Exercise.     10.00-County Buddies.   10.00-Bus to Belmore.   9.45-Men's Shed.     10.00-County Buddies.   10.00-Bus to Belmore.   9.45-Men's Shed.     10.30-Bobs.   10.15-Scrabble.   11.15-Word Challenge     1.30-Trivia.   1.30-Trivis.   11.15-Word Challenge     1.30-Monthly Birthday   1.45-Scenic Drive.   2.15-Meet the Kids.     20   3.00-Monthly Birthday   1.45-Scenic Drive.   3.00-Hapy Hou/     20   9.30-Exercise.   3.00-Frank Monk   3.00-Frank Monk     21   3.00-Monthly Birthday   1.45-Scenic Drive.   3.00-Frank Monk     22   9.30-Exercise.   3.00-Frank Monk   3.00-Frank Monk     23   9.30-Exercise.   1.1.00-Outing Church.   2.15-Meet the Kids.     13:0-Bobs   11.00-Bobs   1.1.00-Outing Church.   3.00-Happy Hour     23:0-Bobs.   11.00-Country Buddies.   1.1.1.5-Word Challenge.   1.1.1.5-Word Challenge.     11:00-Bobs.   3.00-Happy Hour   3.00-Happy Hour   3.00-Happy Hour     23:0-Bobs.	131415300-Frank Monk16139.30-Exercise. $14$ $15$ $300$ -Frank Monk $16$ ACTIWTTES IN9.30-Exercise. $1000$ -Country Buddles. $1000$ -Bus to Beimore. $9.45$ -Ment's Shed.WNG 5 $10.30$ -Babs. $10.00$ -Country Buddles. $10.00$ -Country Buddles. $10.00$ -Country Buddles. $10.00$ -Country Buddles. $1.30$ -Tivia. $10.00$ -Bus to Beimore. $9.45$ -Ment's Shed.WNG 5 $1.30$ -Tivia. $1.00$ -Uniting Church. $1.45$ -Kosk/Cuir2 $2.15$ -Ment the Kds. $20$ $300$ -Manthy Birthday $1.00$ -Uniting Church. $3.00$ -Happy Hour/ $20$ $3.00$ -Exercise. $3.00$ -Happy Hour/ $3.00$ -Happy Hour/ $20$ $9.30$ -Exercise. $3.00$ -Happy Hour/ $2.15$ $20$ $9.30$ -Exercise. $3.00$ -Happy Hour/ $2.15$ $1.30$ -Bundlong café. $1.0.00$ -Bus to Shops $9.45$ -Men's Shed. $3.00$ -Happy Hour/ $1.30$ -Exercise. $2.15$ $9.30$ -Exercise. $2.15$ $21$ $9.30$ -Exercise. $2.15$ $9.30$ -Exercise. $3.00$ -Happy Hour/ $1.30$ -Bundlong café. $1.0.00$ -Bus to Shops $9.45$ -Men's Shed. $4.5$ -Men' $21$ $9.30$ -Exercise. $2.15$ $9.30$ -Exercise. $3.00$ -Happy Hour $22$ $9.30$ -Exercise. $1.1.0$ -Cuur $3.00$ -Happy Hour. $230$ -Menory Cards. $1.1.5$ -Wond Challenge. $3.00$ -Happy Hour. $230$ -Menory Cards. $1.1.5$ -Wond Challenge. $3.00$ -Happy Hour. $230$ -Menory $9.30$ -Exercise. $9.30$ -Exercise.<