

WOODS POINT NEWSLETTER

OCTOBER 2024



Resident & Representative Meeting Minutes

A Resident & Representative Meeting was held on 5th September 2024 – a summary of those minutes follow:

Hydration - During the meeting the residents were reminded about the need to ensure they have adequate fluid intake even when it is cold to maintain hydration and stay healthy.

Menu/Food - Residents advised there are no issues with the variety or quantity of food being provided. Varieties of fruit will increase now that the warmer months are here.

Residents enjoyed having the secondary students for meals – great initiative. Suggestion made to ensure that student is placed in the middle of the table settings so all residents on the table can hear and be involved in the interactions – staff have noted this for next time.

Vision – Residents reminded that Yarrawonga and surrounding towns do have very good optometry service available, and residents should let staff know if you are to visit the optometrist for eye or vision checks. Staff are available to assist with phone numbers and/or make appointments.

Oxygen concentrator safety – Residents and staff reminded of the safety measures required when Oxygen concentrators are in use, i.e.: signage on doors of rooms, placement of the concentrator and requirement to be clean from dust and nothing placed on top. Other important safety measures include not using flammable products, hair dryers or electric razors. Heat sources and open flames, including lit cigarettes, should never be within 3 metres of unit.

Residents using concentrators are reminded to have frequent small meals and frequent small sips of liquids to prevent dry mouth. Oxygen therapy creates a dry mouth and nose, so good frequent oral and nasal care is required.

Food brought into facility – Residents and family are reminded that staff are not responsible for food brought into the facility. Any food brought into the facility must be kept at an acceptable temperature and in a suitable insulated container with ice brick or similar.

Foods of high risk include cold meats, cooked chicken, fish and seafood, pate or meat spreads, pre-prepared/packaged fruit or vegetable salads eg: from salad bars.

Any seafood, all meats, soft serve ice-cream, dairy products, eggs, rice etc must be consumed at the time of being brought into the facility.

Staff must not store these food items or reheat any food brought into the facility.

Residents must not share these items with other residents not only because of the food safety risk but also because of possible allergic or medical conditions of other residents.

Food items at low risk include biscuits, unfilled cakes, fruit, lollies are acceptable and are to be stored in sealed containers in the resident's rooms.

New Technology “Embrayse” - The new software and hardware are working very well. At a touch, staff can see dietary profiles including likes, dislikes, warnings for allergies, texture and utensil requirements for each resident. Eventually, a fully automated TV menu board and photos will be installed highlighting upcoming meal services.

Courtyard – Additional shade options to be sourced.

Walkers in Dining Room – 4WW cannot be left at tables as this creates a trip risk for staff and residents. 4WW will be removed during service and returned by staff at the end of service if residents are unable to obtain themselves.

Residents vs Consumers – Residents raised the title of Resident vs Consumers and were advised that the Government prefers the use of consumer when referring to residents in Aged Care. The Residents at Woods Point present at the meeting agreed their preference is the term “Resident” as it is more personal.

Mask Wearing – Now that we are entering Spring and Summer seasons, the requirement for mask wearing by staff has been revoked. Residents stated they are enjoying seeing the staff and smiling faces.

Resident Rooms – Staff reminded to leave resident room as found i.e.: if door open leave open if closed leave closed.

Resident and Representatives meeting is scheduled monthly.

The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. All residents and representatives are invited to attend these meetings.

Change of Ownership of Bentley Wood Yarrawonga

Dear Residents, Families, Guardians & Relatives,

We are pleased to announce that as of Monday, 2nd of December 2024, following approval by the Department of Health & Aged Care, the ownership and management of Bentley Wood Yarrawonga will transfer to Mercy Health, a not-for-profit provider of health and aged care with the resources and vision to provide high quality care in the aged care industry. Information about Mercy Health can be found via: mercyhealth.com.au

Residents and their families/representatives and guardians can be assured that the home-like environment of Bentley Wood and the care received by residents will continue to be of the highest standard. Mercy Health will take over the responsibility and care for residents from Monday, 2nd of December 2024.

All staff will be offered employment with Mercy Health and contracts will be provided by November. The home will continue to operate as usual, however there may be some back-office changes that will need to occur. Mercy Health will continue your Resident Agreements from Bentley Wood and your fees and charges will not be changing (outside of the normal reviews by Services Australia and indexation). The Mercy Health team will be visiting next week to meet with you and answer any questions or concerns you may have.

Date and time: Thursday 3rd October 2024 at 3.00 pm.

A Department of Health publication, 'Charter of Aged Care Rights' and related material is attached for the information of residents, families, representatives and friends.

All of us at Bentley Wood Health & Aged Care would like to thank the many people who have contributed to the high-quality care and lifestyle of the residents living at the facility.

We look forward to a smooth transition.

Should you wish to discuss the above matter further, please contact Marita Seamer or Samantha Toms.

Yours faithfully,

Brian Fitzpatrick and Terry Hall

Directors

Bentley Wood Aged Care



October 2024

- | | |
|------------------|------------------------------------|
| 1 st | Jeanette Sproat |
| 3 rd | John Sproat |
| 4 th | Sheila Dove |
| 9 th | Beverly Orr |
| 12 th | Victor Stirling |
| 15 th | Harold Wignell - 103 Years |
| 18 th | Elaine Jackson |
| 19 th | Joan Hall |
| 22 nd | Margaret Potter |
| 24 th | Vincent Drake and Robert Mackinnon |
| 27 th | Margaret Marshall |





*Management and staff of
Woods Point wish to pass on
their condolences to family and
friends of residents who have
sadly passed.*

September 2024

Irene Grigg
Heinz Baytala



Spring Raffle & Footy Tipping Competition Winners

Winners are grinner.....

This year's **Spring Raffle** was won by one of our PCA's in Colleen Young. Congratulations Colleen. Colleen's daughter Jazyah who also works here, collected the prize for her mum.

Make sure all the goodies go to your mum Jaz!



Woods Point Footy Tipping Competition was won this year by Alma Lucas. Alma is a die-hard Bulldogs supporter, and I am sure her team's winning form this year assisted her with her successful tips.

Second and Third prizes were taken out by Lorraine and Narelle in our Activities area.



Resident Activities

Visit from “Hephner” the Alpaca

On Monday 2 September, the residents at Woods Point were treated with a special visitor. Hephner the Alpaca. Hephner hails from Fletchers Ark Farmyard in Pomeroy NSW. The good folk at Fletchers Ark travel around the countryside visiting Aged Care Homes etc., on an ad hoc basis. It just so happened they were travelling through Yarrowonga and decided to pop in for a visit.

Our residents who were lucky enough to meet Hephner were really delighted as you can see from the photos below.



Resident Activities



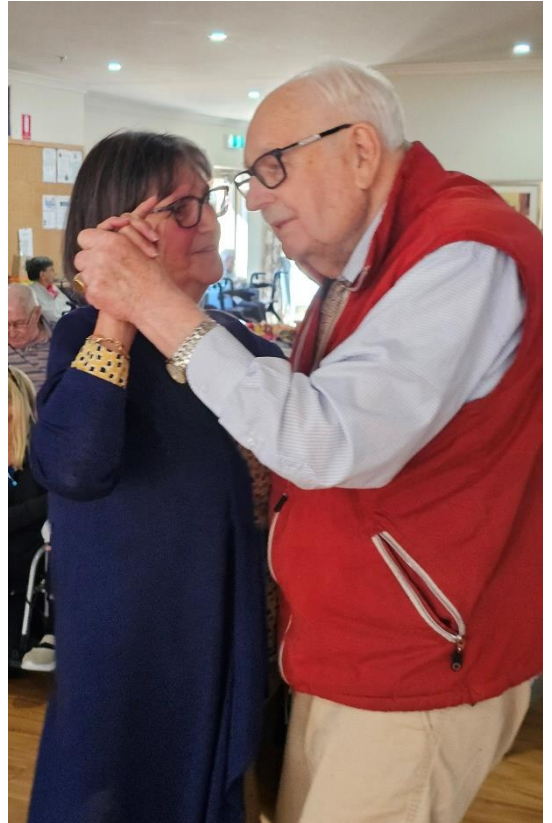
Resident Activities



On the 12th of September, the Residents at Woods Point celebrate the commencement of Spring with a Spring Dance theme for the afternoon. We had Col Watson along to provide the music and our kitchen staff put on a scrumptious afternoon tea.

Many of our residents got up to dance or used their wheelchairs with the help of the carers.

It was great to see some family members come along to also join in the fun.



Viv and Andrew having a dance together



Jan and Marj dancing with Linda (volunteer)



Joan and John enjoying the music



Ray is really enjoying himself, and Ruth was also celebrating her Birthday this date.



Mary and Jim getting into the fun



The "Wheelies" having a dance

Resident Activities



TRIKKI KIDZ EARLY LEARNING GROUP

On the 12th of September the residents of Woods Point were delighted to have a visit from the children attending day care and Trikki Kidz. 8 of these beautiful children all decked out in their “Trikki Kidz” green hats arrived at the facility a bit shy and withdrawn. However, it didn’t take long for them to come out of their shells and get involved with playing games and dancing to the enjoyment of our residents. How wonderful it was to hear their voices and share in their excitement and to see the faces of our Residents who loved having the children visit.





We have so many items of clothing that are not labelled and therefore appearing in our Lost Property box. In an attempt to find the owners, we have some pictures of some of the items included herewith. If you recognise any item and you believe it belongs to your loved one, please contact reception.

Given the above, we wish to remind you that **all items, particularly clothing being brought into the facility, does need to be labelled.**




Please speak to our friendly reception staff who will ensure the items are appropriately labelled. There is a charge for this service, and you will be required to sign off to have the labels prepared.

100 labels - \$70

50 labels - \$35.



ACTIVITY PROGRAM OCTOBER 2024

MON	TUES	WED	THUR	FRI	SAT	SUN
	1 9.30-Exercises. 10.00-Catholic Church. 10.30-Scenic Drive. 2.00-BINGO.	2 9.30-Exercises. 10.30-Carpet Bowls. 2.00-Anglican Church. 2.00-Hands & Nails.	3 9.30-Exercises. 10.30-Res/Rep Meeting. 11.30-Quick Quiz. 2.00-BINGO.	9.30-Exercises. 10.45-Word Challenge. 1.30-Kiosk. 2.30-HAPPY HOUR With FRANK.	5 2.00-Carpet Bowls. 3.00-Quiz.	6 2.00-Trivia. 3.00-Afternoon Tea.
7 9.30-Exercises. 10.30-Mini Golf. 1.30-W/Board Game. 2.30-Scrabble.	8 9.30-Exercises. 10.00-Catholic Church. 10.30-Scenic Drive. 2.00-BINGO.	9 9.30-Exercises. 10.30-Carpet Bowls. 2.00-Anglican Church. 2.00-Hands & Nails. 3.00-MONTHLY BIRTHDAY.	10 9.30-Exercises. 10.30-TRIKKI KIDS. 2.00-BINGO.	11 9.30-Exercises. 10.45-Word Challenge. 1.30-Kiosk. 2.30-HAPPY HOUR With FRANK.	12 2.00-Carpet Bowls.	13 2.00-Trivia. 3.00-Afternoon Tea.
14 9.30-Exercises. 10.30-Mini Golf. 1.30-W/Board Game. 2.30-Scrabble.	15 9.30-Exercises. 10.00-Catholic Church. 10.30-Scenic Drive. 2.00-BINGO.	16 9.30-Exercises. 10.30-Carpet Bowls. 2.00-Anglican Church. 2.00-Hands & Nails. 2.00- COL WATSON>	17 9.30-Exercises. 10.30-Bob's. 11.00Uniting Church. 2.00-BINGO.	18 9.30-Exercises. 10.45-Word Challenge. 1.30-Kiosk. 2.30-HAPPY HOUR With FRANK.	19 2.00-Carpet Bowls. 3.00-Quiz.	20 2.00-Trivia. 3.00-Afternoon Tea.
21 9.30-Exercises. 10.30-Mini Golf. 1.30-W/Board Game. 2.30-Scrabble.	22 9.30-Exercises. 10.00-Catholic Church. 10.30-Scenic Drive. 2.00-BINGO.	23 9.30-Exercises. 10.30-Carpet Bowls. 2.00-Anglican Church. 2.00-Hands & Nails.	24 9.30-Exercises. 10.30-Bob's. 2.00-BINGO.	25 9.30-Exercises. 10.45-Word Challenge. 1.30-Kiosk. 2.30-HAPPY HOUR With FRANK.	26 2.00-Carpet Bowls.	27 2.00-Trivia. 3.00-Afternoon Tea.
28 9.30-Exercises. 10.30-Mini Golf. 1.30-W/Board Game. 2.30-Scrabble.	29 9.30-Exercises. 10.00-Catholic Church. 10.30-Scenic Drive. 2.00-BINGO.	30 9.30-Exercises. 10.30-PIANO LADY. 2.00-Anglican Church. 2.00-Hands & Nails.	31 9.30-Exercises. 10.30-Bob's. 2.00-BINGO.			PROGRAM SUBJECT TO CHANGE.