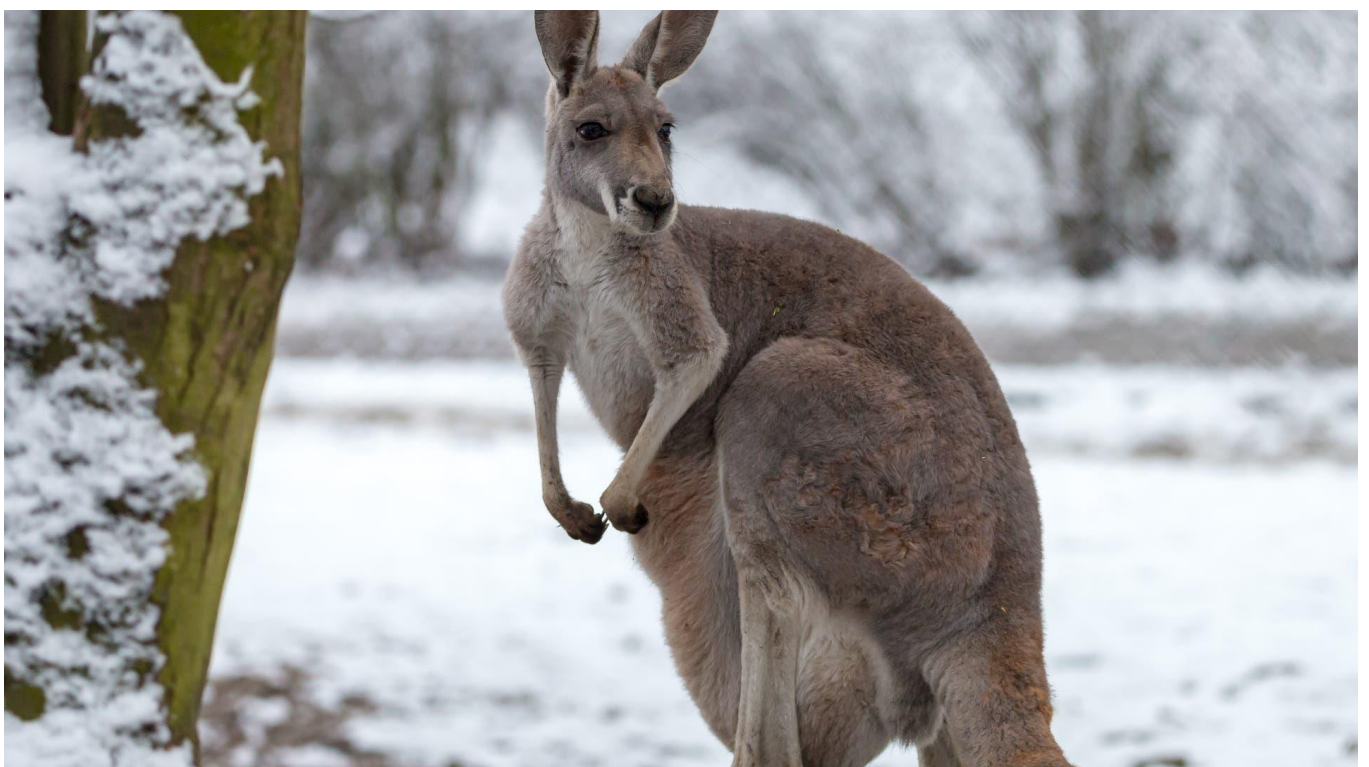


Woods Point Newsletter

June 2024

Winter



Resident & Representative Meeting Minutes

A Resident & Representative Meeting was held on the 2nd of May 2024. A summary of those minutes follows:

Mural Painting – Morning tea to celebrate to be arranged when all relevant parties are available.

Fire Alarm – Mock evacuations rescheduled for May.

Bus Repairs – Undertaken awaiting Roadworthy Certification.

Facility Upgrade – Plastering and painting continuing throughout facility where required.

Website – Upgrade of Website planned which will include new photographs – likely to occur in the next few weeks.

Menu/Food – Recent meals of Lambs Fry and salmon were thoroughly enjoyed and will be incorporated into the menu. Resident reminded that if their meal is not hot when served to return to the kitchen.

Flu Vax and Covid Booster – Currently being scheduled with both clinics. All residents recommended to have the Flu Vax and Covid booster. SMS has been sent to representatives/residents seeking consent.

Friends in Common Morning Tea – 15th May at 12 noon at the Mulwala Ski Club. \$10 per person.

Fancy Dress Day – Residents made suggestion to hold – discussions to take place with Activity Staff and Residents to determine theme and when.

Clothing – Residents reminded that when receiving items of clothing from their family/friends to ensure they go in for labelling first so items do not get misplaced.

Resident and Representatives meeting is scheduled monthly.

The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. All residents and representatives are invited to attend these meetings.

Reminder



Family members of our residents are reminded that ringing into Woods Point and asking to speak to residents using our DECT phones is **no longer permitted for residents in low care**. We will assist for residents located in High Care, however, this will depend on staff numbers at the time.

We do respectfully request that these calls be kept to a minimum in duration, as these phones are used by our staff for emergencies including call bells for residents' rooms.

Please do not be offended if our Reception Staff decline your request.

We respectfully suggest if you are not able to visit your family member, that you look at purchasing a simple mobile phone for them so that you may continue to communicate.

If you would like to discuss any concerns, please arrange to see the DON/DDON.

Management, Woods Point Aged Care



Please note that Kylie Anderson our Hairdresser has reviewed her pricelist for hairdressing services. These new prices will come into effect on **1 July 2024**.

Ladies:

Blow Wave or set	\$35
Cut, Blow wave or set	\$45
Cut only	\$35
Colour, Cut Blow Wave or set	\$85
Foils, Colour, Cut, Blow Wave or Set	\$95
Perm, Cut, Blow Wave or Set	\$95

Wax

Eyebrow and face	\$35
Eyebrow only	\$25
Face Only	\$25

Mens:

Clipper Cut	\$20
Cut	\$25
Cut, Beard/Moustache	\$30



2024 Anzac Day Service



This year's ANZAC Day Service was held at Woods Point with members from the local RSL coming along to officiate. There was a large turnout of our residents for the service.

Harold Wignell who is a former veteran and is 102 years young, was delighted to be called upon to lay the wreath.



Mother's Day Raffle winner:

This year's Mother's Day Raffle was won by our resident Gladys Page. Congratulations Glad – I am sure there were lots of goodies for you to enjoy!..



Official Opening of the Lake Mulwala Mural



Those of you who have visited Woods Point recently, would have noticed the beautiful mural of Lake Mulwala painted on the wall in the dining room. This beautiful piece was painted by *Jim Redfern* who is pictured below doing the official “cutting of the ribbon” to acknowledge the opening, during a morning tea celebration in May. Special thanks to Jim for his beautiful piece of artwork. Thanks also to Glen Owen who prepared the wall prior to the painting and to Vivian Spilva OAM who facilitated this project.



Happy Birthday



June 2024

- | | |
|------------------|----------------------------|
| 1 st | Eileen Keatley – 100 Years |
| 13 th | Carmel Levett |
| 15 th | Brian Bennett |
| | Teresa Mitchell |
| 16 th | Patricia Retallick |
| | Stuart Spinks |
| 21 st | Robert Adams |
| 22 nd | Patricia Burns |
| 26 th | Juliana Abraham |
| 28 th | Joan Cavanagh |





*Management and staff of
Woods Point wish to pass on
their condolences to family
and friends of residents who
have sadly passed.*

June 2024

Joan Mortlock

Ruby Grant



National **20-26 MAY 2024**
Volunteer
Something for Everyone **Week**



Here at Woods Point we are very fortunate and grateful to have a number of volunteers who come into our facility each week. Each of our volunteers bring with them a different personality and offer our residents varying activities and opportunities for social interaction. Outlined below we provide details on our volunteers and acknowledgement what each of do.

Wendy is our longest serving volunteer. She commenced in June 2007 and comes in every Friday. Wendy facilitates one of the residents' favourite activities being the Word Challenge. This activity is attended by a number of regular residents and their participation is always a very engaged and enthusiastic. Wendy also helps out our kitchen and PCA staff on occasions with serving resident meals. Wendy also undertakes one on one visits with those residents who cannot or don't wish to participate in activities. This one-on-one time with residents is extremely important and highly valued as it provides social engagement for our residents that don't always have a lot of visitors.

Joanne has been a regular volunteer to Woods Point and has been coming since 2013. Jo assists with letting the residents know when Uniting Church Services are being conducted and encourages them to attend the Thursday services. Jo also comes in every Friday to run the kiosk. The kiosk offers a wide range of items including personal items (ie: soap, talc etc.,) and also lots of varieties of lollies and chocolates. Jo is a very familiar face amongst our residents who highly value her visits and the opportunity to "shop" at the kiosk. Jo also enjoys engaging with the resident's one-on-one.

Linda comes in three days a week (Monday, Wednesday and Friday) and has been doing so since 2021. Linda assists with activities such as Mini Golf, Tennis, exercises, hangman, nail painting. Linda also helps out occasionally with serving meals and clearing the tables and also visits residents one-on-one. All of these activities are usually well attended and enjoyed by our residents and the residents value seeing Linda and her involvement in activities.

Maureen is relatively new to volunteering at Woods Point commencing in May 2023. Even though she has only been here a relatively short time, she has definitely made her mark by coming in each Wednesday and having one on one visits with a number of residents throughout the day. Usually, Maureen visits those residents who don't or cannot participate in general activities and this one-on-one interaction is highly valued by our residents and staff.

Dawn is our Thursday lady who also assists our activities staff (mini golf, carpet bowls etc.). Dawn has also been seen having dances with some of the ladies in our High Care ward which our resident's really loved. Another regular activity Dawn conducts is Bingo in the afternoon. There is always much competition to win a chocolate in this activity. Dawn also undertakes one-on-one interaction with our residents.

Woods Point would like to take this opportunity to thank all of our volunteers for their valuable contribution.



Resident Activities

Throughout April and May the weather Gods have provided us with some beautiful Autumn days. What better time for our Residents to take full advantage of the glorious weather by participating in a number of outdoor activities. One of the most popular activity is mini golf and recently a number of residents participated in this activity in the courtyard.



Joy, Norm and Jean enjoying watching the activities in the Autumn



Maurie having a putt and Jan closely watching on.



Jan's turn for a Putt!

Clarice enjoying a cuppa along with a friend.



Resident Activities



Another beautiful day and Maurie is again showing off his talents. Noel, also trying his hand with the putter.

Resident Activities



Our Activities Staff are always looking a new ways to entertain our residents. To give them an opportunity to express their creative side, some of the residents participated in “rock painting”. How good are some of these pieces of artwork?!



Ray, Betty, Norm , Clarice, Julie and Jan enjoying the activity.



Resident Activities

Our Residents in Wing have also been busy with doing jigsaws and playing games.

How lovely to see them smiling so broadly!



Above Elaine, Pat, Marguerite, Pat and Rae enjoying doing a jigsaw with Bob watching on. Below, Pat is really getting into the bowling activity.



**HAPPY
HOUR**



Happy Hour continues to be popular with our Residents. Happy Hour is every Friday at 2:30.

Our residents gather in the main lounge for light refreshments and drinks.



“Cheers” Jan and Marg.

ACTIVITY PROGRAM JUNE 2024

MON	TUES	WED	THUR	FRI	SAT	SUN
					1 2.00-Carpet Bowls 3.00-Quiz.	2 2.00- Triva 3.00-Afternoon Tea
3 9.30-Exercises 10.30-Bus Outing 2.00-Rock Painting. 3.00-Footy Tipping	4 9.30-Exercises 10.00-Catholic Church 10.30-Carpet Bowls. 2.00-BINGO.	5 9.30-Exercises 10.30-Balloon Games 2.00-Anglican Church 2.00-Hands/Nails	6 9.30-Exercises 10.30-Res/Rep/Meeting 11.30-Quick Quiz 2.00-BINGO	7 9.30-Exercises 10.45-Word Challenge 1.30-Kiosk 2.30-Happy Hour	8 2.00-Carpet Bowls	9 2.00-Men's Shed
10 PUBLIC HOLIDAY 9.30-Reading 1.30-Quiz 3.00-Afternoon Tea	11 9.30-Exercise 10.00-Catholic Church 10.30- Mini Golf 2.00-BINGO	12 9.30-Exercises 10.30-Hands/Nails 2.00-Anglican Church 2.00-Quiz <u>3.00-Monthly Birthday</u>	13 9.30-Exercises 10.30-Bobs 2.00-Col Watson <u>Sing along</u>	14 9.30-Exercises 10.45-Word Challenge 1.30-Kiosk 2.30-Happy Hour	15 2.00-Carpet Bowls 3.00-Quiz.	16 2.00-Trivia 3.00-Afternoon Tea
17 9.30-Exercises 10.30-Bus Outing 2.00-Rock Painting 3.00-Footy Tipping.	18 9.30-Exercises 10.00-Catholic Church 10.30-Carpet Bowls 2.00-BINGO	19 9.30-Exercises 10.30-Balloon Game 2.00-Anglican Church 2.00-Hands/Nails	20 9.30-Exercises 10.30-Bobs 11.00-Uniting Church 2.00-BINGO	21 9.30-Exercises 10.45-Word Challenge 1.30-Kiosk 2.30-Happy Hour	22 2.00-Carpet Bowls	23 2.00-Men's Shed
24 9.30-Exercises. 10.30-Bus Outing 2.00-Quiz 3.00-Footy Tipping	25 9.30-Exercises 10.00-Catholic Church 10.30-Mini Golf 2.00-BINGO	26 9.30-Exercises 10.30-Piano Lady 2.00-Anglican Church 2.00-Hands/Nails	27 9.30-Exercises 10.30-Bobs 2.00-BINGO	28 9.30-Exercises 10.45- Word Challenge 1.30-Kiosk 2.30-Happy Hour	29 2.00-Card Games	30 Quiz PROGRAM SUBJECT TO CHANGE.